Stormy Weather – A Social Story

Sometimes storms happen. This story can help me feel calm, safe and prepared.



Stormy weather can be loud, windy and sometimes scary.



I might feel worried when the weather is stormy, especially if we have had a severe weather event before.



Adults are here to keep us safe. They will listen, help and make sure we know what to do.



We will get information from our school and home. If there are changes, we will be told as soon as possible.



During a storm, we will stay inside, stay together and follow our teacher's instructions.



We may need to stay inside, and this can feel different. It's part of staying safe.

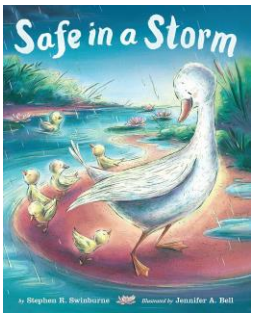


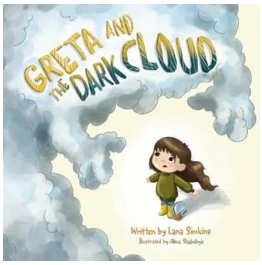
Storms don't last forever. The weather will get better, and we will be okay.

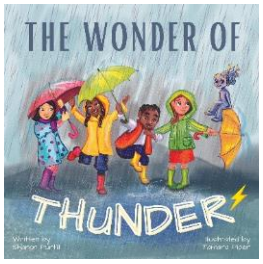


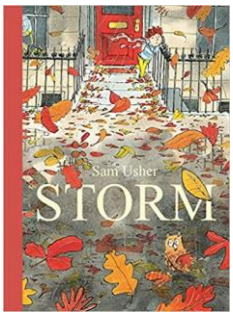
We are a strong, caring community. We look after each other, and we are not alone.

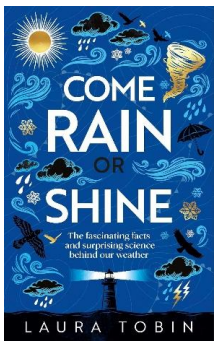
Safe children. Supported families. A stronger community.











Books to support 'storm' anxiety