



SAMARÈS SCHOOL
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Head Teacher: Mrs Jenny Posner

Tuesday 5th July 2022

Dear Parents,

At Samarès School we are committed to working with parents and the wider community to support every child in our school. The safeguarding and welfare of all children at Samarès School is of paramount importance and it is vital that school and parents work together.

As you will be aware, each month we send a short update around a specific welfare issue with resources to support you as parents. If there is any area which you feel additional resources or support would be useful, please do get in touch.

Following June's theme of Online Safety, the theme for the **month of July** is **Transition**.

The summer term in schools is full of exciting activities and opportunities for the children to enjoy, but it is also a term where children start to think about transition to their new year group or school and this can bring about anxieties and worries.

In school, we use PSHE to help children express their feelings about transition and we support the process throughout the summer half term with visits to new classes, meeting with new teachers to build relationships, and preparing them for what September will look like.

Over the course of the summer holiday, and as we approach September, you may find that your child has concerns about returning to school and transitioning to their new class. It is important to validate your child's feelings and to give them time and space to tell you what it is that they are worried about. Reassure them that it is normal to feel excited and scared and nerves help us to prepare for new challenges. It may help to refer to how they have coped with changes and transitions in the past. It can also help children to practice the routines of school as you approach the end of the summer holidays – preparing them for getting back into the swing of things after 6 weeks off.

<https://parentingsmart.place2be.org.uk/article/my-child-is-anxious>

For our Year 6 children, the transition to secondary school can be particularly difficult. Hopefully the two days spent at their new school last week has helped to alleviate some of the nerves, but you might also find these websites useful:

<https://parentingsmart.place2be.org.uk/article/secondary-school-transition>

<https://parentingsmart.place2be.org.uk/article/helping-your-child-when-they-start-or-change-primary-school>

<https://www.youngminds.org.uk/professional/resources/supporting-school-transitions/>

The summer holiday can be a difficult time for autistic people and their families. Whether going away for some of the summer or staying at home, the change in routine can be a challenge. See this website for some useful guidance <https://www.autism.org.uk/advice-and-guidance/professional-practice/summer-holidays>

Please do get in touch if you would like further advice or support, or would like to report a safeguarding concern to us. You can use our new school website to Report a Concern by clicking [here](#) –or you can speak to one of the Safeguarding team (details below).

There is also the Children and Families hub – email childrenandfamilieshub@gov.je or phone 519000.

Safeguarding Team at Samarès School –

Mrs Jenny Posner – j.posner@samares.sch.je

Mr George Lumley – g.lumley@samares.sch.je

Mrs Sarah Achler - s.achler@samares.sch.je

Mrs Virginia McInerney – v.mcinerney@samares.sch.je

Many thanks,

Mr Lumley
Deputy Headteacher