



**SAMARÈS SCHOOL**  
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**Head Teacher: Mrs Jenny Posner**

Thursday 2<sup>nd</sup> February 2023

Dear Parents,

At Samarès School we are committed to working with parents and the wider community to support every child in our school. The safeguarding and welfare of all children at Samarès School is of paramount importance and it is vital that school and parents work together.

Each month we send a short update around a specific welfare issue with resources to support you as parents.

This month, the NSPCC are encouraging every adult across the UK to take up a **10 minute** digital training course to help all adults know what to do if a child needs help and where to go if you yourself need support.

**This free online training course can be found by following this link:**

<https://www.nspcc.org.uk/support-us/listen-up-speak-up/>

The NSPCC website has lots of helpful resources for keeping children safe including support for children's mental health and online safety.

In assemblies this half term, we are talking to the children about keeping safe online. This is part of the UK wide Safer Internet Day campaign. The theme for this year is focusing on the importance of talking about the internet – encouraging children to talk about anything that they might see online that upsets or worries them. More resources and ideas can be found here: <https://www.saferinternetday.org/>

We are here to support all of our families at Samarès – please get in touch with us if there is anything you would like to discuss further.

Best wishes,

Mr Lumley  
Deputy Headteacher