



Friday 26<sup>th</sup> January 2024

Dear Parents and Carers,

Next week, we welcome the Jersey School Review Team into Samarès. The Jersey School Review is an independent assessment of the quality of education in all Government of Jersey primary and secondary schools. Our review team will be speaking to children and staff as well as visiting lessons and lunchtimes. They will be in school on Tuesday, Wednesday and Thursday.

### **Family Workshops**

We are working in partnership with CAMHS Early Intervention Team to provide family workshops relating to many different issues over the next year. This will include anxiety, wellbeing, behaviour, anger, understanding emotions and Family Forest School sessions. These sessions are aimed at families and children/parents can attend together.

The second session is about managing emotions (details below) and it is on Thursday 8<sup>th</sup> Feb - please follow the link to sign up. We have limited spaces, so we will let you know if you have got a space this time or if you are on the waiting list for the next session.

*Early Intervention CAMHS team will be running a workshop on understanding and managing emotions*

*Date: 8th Feb 2024*

*Time: 2pm - 4pm*

*Who for: parents to attend from 2-3pm and children and parents to attend together from 3-4pm*

*Where: Samares School Hall*

*Organisation: come to the School Office*

*Parents/Carers take part in a workshop to find out more about emotions; where they come from and how to positively manage them. The second element of the workshop sees the whole family working together to create their own River of Wellbeing.*

<https://forms.office.com/e/rBz9NyE1Ju>

### **Scooters**

It is fantastic that so many children want to scoot and cycle to school. We ask that you clearly name your child's scooter and double check you take the right scooter home with you at the end of the day. Many scooters look the same, so a clear name will help to make sure everyone has the correct scooter.

### **Neurodiversity (ND) Service Support**

To better support people accessing the ND services we have been asked to give this information to parents from our Education Department.

**Support Pack –** [https://www.canva.com/design/DAFwG4PCahl/kZHv-nJp\\_6JbOX-RWLWJSw/edit?utm\\_content=DAFwG4PCahl&utm\\_campaign=designshare&utm\\_medium=link2&utm\\_source=sharebutton](https://www.canva.com/design/DAFwG4PCahl/kZHv-nJp_6JbOX-RWLWJSw/edit?utm_content=DAFwG4PCahl&utm_campaign=designshare&utm_medium=link2&utm_source=sharebutton)

Information on ND, links to resources, sessions and local support services (this is a live document that will be updated as the Service offer develops)

**Introduction to the ND Service sessions** – these will take place every first Tuesday of the month for parents/carers that believe their child may be ND and would like to find out further information or are on the waiting list for an assessment. This session takes place at St James School, Jersey Youth Service 12:00 – 13:00. The session focuses on:

- **Introduction to CAMHS**
- **Neurodiversity**
- **The Assessment Process**
- **Support Available**

**Weekly drop-in support session for Parents/Carers of ND children** - Starting on Monday 27<sup>th</sup> November 11:30 – 13:30 at the Yes Project. Providing parents/carers with a **safe space where they can exchange experiences and knowledge, support each other and access information to support available from CAMHS staff.**

**Sibling Support** – siblings of ND children can now access a **4-week course to help them better understand ND, identify and understand their siblings needs and how to best support them, recognise the importance of self-care as well as having the opportunity to connect with others who share similar experiences.** This course is run in partnership with 'We Believe You Belong - ADHD awareness and support' CAMHS and Jersey Youth Service it is for children and young people age 9 – 14 years. The next course is running in January 2024 and ongoing support is available via the Jersey Youth Service 'My Time Project'.

#### **Term Dates**

You can find the term dates by following the link below. We break up for half term on Friday 9<sup>th</sup> Feb at 3pm and return on Monday 19<sup>th</sup> February.

<https://www.gov.je/Education/Schools/SchoolLife/pages/termdates.aspx>

As always, please do not hesitate to contact me if you have any questions, comments or queries.

Many thanks,



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Headteacher

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