

SAMARÈS SCHOOL

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Head Teacher: Mrs Jenny Posner



Friday 17th January 2025

Dear Parents and Carers,

Hot lunches

Our hot lunches continue to be a huge success with many children enjoying a variety of different meals. As this is a new menu, if your child is having hot lunches, please ask them if they enjoyed their meal or if there were meals they didn't like, so that you can adjust your bookings to ensure they enjoy the meal they have.

If you have not signed up yet, you should have received an email from Parent Pay with the log on details. If you need any help, please just get in touch with our school office who can help.

❄️ 📖 Samarès School Winter Reading Challenge 📖 ❄️

Children at Samarès are being challenged to read 6 books over the next 6 weeks. If the challenge is completed, children will receive a special medal! 🏆

Your child should bring home a booklet today for you to fill out. Please contact Miss Burton for more information.

Zones of Regulation

Over the last two weeks, our Zones of Regulation focus has been on categorising feelings into a zone. A **zone** is how we feel on the *inside* and includes our emotions and energy. It's important to categorise feelings to make it easier to talk about and easier to regulate them.

To help your child this week, you could:

- Look for things that show different feelings in each zone, e.g. in LEGO figures, dolls, toys, pictures, books, photos.
- Ask questions like 'What is the feeling?' and 'Which zone does that feeling go in?'
- Own your zone - talk out loud about when you notice your feelings and a change in zone.

More information about Zones of Regulation can be found on our website:

<https://www.samares.sch.je/page/?title=Zones+of+Regulation&pid=52>

Oracy update

This week, we welcomed Jersey Bulls into our Key Stage 2 Assembly prior to our football teams representing the school as mascots for the Bull's weekend fixture at Springfield. The children demonstrated excellent oracy skills in listening well to the presentation and then asking fantastic questions of the Jersey Bulls staff and players who visited us. Thank you to Jersey Bulls for giving our children the opportunity to be mascots this weekend and coming into assembly this week.

Homework

In consultation with our Parent Discussion Group and our teachers and having looked at the research of the impact of homework on pupil progress, we have developed a new structure for homework. Details have been sent home with children and a copy of this can be found on our website: [SAMARÈS PRIMARY SCHOOL - Homework](#)

OPAL (Outdoor Play and Learning)

Our lunchtime outdoor play provision (OPAL) needs your help. They are looking for donations of old kitchen utensils and spoons for the mud kitchen. If you can donate any items, please bring into the front of school or to your child's class teacher. Many thanks! More information about OPAL can be found on our website:

<https://www.samares.sch.je/page/?title=OPAL+%2D+Outdoor+Play+and+Learning&pid=54>

Term Dates

You can find the term dates by following the link below. We have a teacher training day (INSET) on Friday 14th February and school will be closed to children on this day

<https://www.gov.je/Education/Schools/SchoolLife/pages/termdates.aspx>

As always, please do not hesitate to contact me if you have any questions, comments or queries.

Many thanks,



Mrs Jenny Posner

Headteacher

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