

SAMARÈS SCHOOL

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Head Teacher: Mrs Jenny Posner



Friday 6th February 2026

Dear Parents and Carers,

We were delighted to hand out our **Samares Star Awards** on Monday. So many children impressed us with their wonderful learning, positive attitudes, and excellent behaviour throughout the week. Teachers nominate pupils for these awards as they spot sustained determination, kindness, and success in the classroom. Then, at Monday morning breaktime, children join the senior leadership team to celebrate their achievements together. It is always a joyful way to start the week, and we are incredibly proud of every one of our Samares Stars.

Parent consultations

We are very much looking forward to welcoming you into school next week for our parent consultations. Alongside your meeting with your child's class teacher, we will also be running a series of additional sessions and drop-ins designed to support families and strengthen the home-school partnership. Throughout each session, you will be able to access a **Read Write Inc workshop**, offering guidance on how to support early reading at home. There will also be information stands focusing on **wellbeing, SEN and safeguarding**, and practical **advice on physical activity** to help keep children healthy and active. We hope these opportunities will be helpful and informative, and we warmly encourage you to pop in and make the most of them. More information about timings will follow next week.

Parent pop ins

A gentle reminder that our **Parent Pop-In** dates for this year are available on our school website. These sessions are a lovely opportunity to visit your child's classroom, see their learning environment, and spend some informal time exploring their work with them. The Spring term dates start on the week of 16th March.

You can find all the dates and details here:

📍 <https://www.samares.sch.je/page/?title=Parent+pop+in+2025%2F26&pid=124>

Zones of Regulation

This week, your children are learning their next regulation tool as part of their Zones of Regulation Curriculum. This week's tool is called '6 sides of breathing'. It is a mindfulness tool which helps bring attention to the mind and body. It also is a tool that helps your child to breathe slowly and gently. To support your child at home, why not try and do it together as part of your routine. It could be before bed, after breakfast, or whenever you want to take a mindful moment together.



Term Dates

Term dates for the next academic year can be found here:

[Term Dates - Government of Jersey](#)

Please note our last **INSET day** for 2025/6 is Friday 13th February 2026 and school will be closed for children on this day. Half term is from Monday 16th February to Friday 20th February.

As always, please do not hesitate to contact me if you have any questions, comments or queries.

Many thanks,



Mrs Jenny Posner

Headteacher

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