



SAMARES SUNRISE SOCIAL

Why?

To support mental health and wellbeing.
To have more play experiences with friends and family.
To encourage physical movement
To improve focus, concentration and regulation.

When?

- Friday mornings of Summer Term
- 8:10am - gates open, 8:15am gates close
- 8:30 - pupils go to classrooms as normal, main gates reopen.
- If wet, it will be cancelled.

What is happening?

- Children play, explore, move.
- Parents supervise their children
- Children who walk to school may attend independently
- No phone zone



Where?

- Astro – Morning Mile
- Grass – Special activity
- Playground – OPAL resources



Sunrise Social Team

